2021-22 BHA Training Schedule

Time	Monday	Tuesday	Wednesday	Thursday	Friday
6:30am – 7:30am	*No Training*	Intermediate Squad Senior Squad Masters Squad **Coach:** Jack	Intermediate Squad Senior Squad Masters Squad **Coach:** Carla	Dry Land Training *Faith Leech Aquatic Centre* **Coach:** Jack	*No Training*
4:00pm – 5:00pm	Junior Squad **Coach:** Vanessa	*No Training*	Junior Squad **Coach:** Vanessa	*No Training*	Junior Squad **Coach:** Vanessa
4:30pm – 5.30pm	Intermediate Squad **Coach:** Tricia	*No Training*	Intermediate Squad **Coach:** Jack	*No Training*	*No Training*
5:00pm – 6:00pm	Senior Squad Masters Squad **Coach:** Vanessa	Intermediate Squad **Coach:** Vanessa	Transition Squad **Coach:** Carla	Transition Squad **Coach:** Carla Intermediate Squad **Coach:** Tom	Intermediate Squad **Coach:** Vanessa
5:00pm – 6:30pm		Senior Squad Masters Squad **Coach:** Vanessa	Senior Squad Masters Squad **Coach:** Jack	Senior Squad Masters Squad **Coach:** Tom	Senior Squad Masters Squad **Coach:** Vanessa